

K LYNN'S KITCHEN & Café

Available 12pm - 3pm Monday-Sunday
5.30pm - Late, Tuesday-Sunday
*Members price dine in only

Social Membership is \$5 for one year or \$10 for 5 years. Ask for a membership form at the bar.

Membership card required for discount.

Starters

Garlic, Herb, or Chilli Bread \$7.00

Bowl of Crispy Chips (GF) \$7.50

With tomato sauce (Add gravy +\$2.00)

Vegetarian Spring Rolls (4) \$9.00

With sweet chilli sauce

Steamed Pork Dim Sim (4) \$9.00

With chilli soy sauce

Bowl of Potato Wedges \$13.50

With sweet chilli sauce & sour cream

Salt & Pepper Squid (GF) \$14.50

With a Thai dipping sauce

Crispy Chicken Wings (6) \$14.50

Choice of Buffalo or Honey Soy Marinate

Panko Crumbed Prawns (5) \$14.50

Served with Aioli sauce

Salads

Vietnamese Chicken Salad M \$20.50 V \$21.50

Marinated lemon grass chilli chicken
with a Vietnamese style salad

NEW Vietnamese King Prawn Salad \$22.50 \$23.50

Seven marinated grilled prawns
with a Vietnamese style salad

Thai Beef Salad \$20.50 \$21.50

Marinated steak fillet cooked medium
with lime chilli dressing

Salt & Pepper Squid Salad (GF) \$20.50 \$21.50

Rocket, red onion & tomatoes tossed
with a sweet balsamic glaze

Portuguese Chicken Salad (GF) \$20.50 \$21.50

Mixed lettuce, cucumbers, tomatoes
red onion and grilled Portuguese chicken

Grilled King Prawns Salad (GF) \$22.50 \$23.50

Seven grilled prawns, mixed salad with
a mango mustard homemade dressing

Fresh Garden Salad (GF) \$11.00 \$12.00

Mixed lettuce, tomatoes, red onion & dressing

Pastas

Choose from Fettuccine, Penne or Spaghetti

Spicy chilli Prawn & Scallops \$25.50 \$26.50

Seared tiger king prawns(4), scallops(4)
& chilli in a napoletana sauce

Boscaiola \$22.50 \$23.50

Bacon, mushrooms, red onion & garlic
in a creamy white wine sauce

Chicken, Pesto & Mushroom \$22.50 \$23.50

Grilled chicken breast, mushrooms
in a pesto sauce

Bolognese \$20.50 \$21.50

Tender slow cooked beef mince
in a chunky tomato & onion sauce

Vegetarian Neapolitan pasta \$20.50 \$21.50

Season vegetables with fresh chilli
in a napoletana sauce

Burgers

Served with gluten free chips

American Beef Burger \$18.50 \$19.50

200grm Beef Patty, American cheese,
pickles, onion, bacon, lettuce, tomato &
mustard on a toasted burger bun

Aussie Beef Burger \$18.50 \$19.50

200grm Beef Patty, cheese, lettuce,
tomato & a sunny side up
fried egg on a toasted burger bun

Portuguese Chicken Burger \$18.50 \$19.50

Grilled Portuguese marinated peri-peri
chicken breast, lettuce, tomato, onion &
cheese, on a toasted burger bun

Crumbed Chicken Burger \$18.50 \$19.50

Crumbed chicken strips, lettuce, tomato,
onion & cheese, on a toasted burger bun
with mayo

Steak Sandwich \$19.50 \$20.50

150grm steak fillet, caramelised onion,
cheese, lettuce, tomato & beetroot
on turkish bread

Asian Selection	M	V
Special Fried Rice Chicken, prawns, scrambled egg & peas	\$13.50	\$14.50
Vegetarian Fried Rice Mixed vegetables & scrambled egg	\$13.50	\$14.50
Singapore Noodles Four king prawns, chicken breast, vegetables, curry sauce & Singapore noodles	\$21.50	\$22.50
Combination Hokkien Noodles Four king prawns, chicken breast, vegetables, soy sauce & hokkien noodles	\$21.50	\$22.50
King Prawn Laksa Seven king prawns mixed with thin rice noodles in a spicy coconut laksa soup	\$22.50	\$23.50
Combination Laksa Four king prawns & chicken breast mixed with thin rice noodles in a spicy coconut laksa soup	\$21.50	\$22.50
Stir Fry Ha Ha King Prawns Wok tossed king prawns (7) & vegetables in a homemade Chinese sauce with steamed rice	\$22.50	\$23.50
Stir Fry Mongolian Lamb Wok tossed lamb strips, leek & onion in a homemade Mongolian sauce with steamed rice	\$20.50	\$21.50
NEW Satay Beef or Chicken Wok tossed beef or chicken strips in a peanut & coconut cream sauce with steamed rice	\$20.50	\$21.50
NEW Satay King Prawns Wok tossed seven prawns in a peanut & coconut cream sauce with steamed rice	\$22.50	\$23.50
Chicken, Cashews & Vegetables Wok tossed chicken & vegetables in a oyster sauce with steamed rice & cashew nuts	\$20.50	\$21.50
Deep Fried Sweet & Sour Pork Homemade battered pork with mixed vegetables coated in a sweet & sour sauce with steamed rice	\$20.50	\$21.50
Honey Chicken Homemade battered honey Chicken with rice	\$20.50	\$21.50
Thai Red Prawn Curry Seven king prawns mixed with vegetables in a Thai curry sauce with steamed rice	\$22.50	\$23.50
Thai Red Chicken Curry Chicken mixed with vegetables in a Thai curry sauce with steamed rice	\$20.50	\$21.50
Thai Red Vegetable & Tofu Curry Seasonal vegetables & tofu in a Thai curry sauce with steamed rice	\$19.50	\$20.50
Vegetable & Tofu Stir Fry Seasonal vegetables, tofu and oyster sauce with steamed rice	\$19.50	\$20.50
Chicken & Vegetable (GF) served with steamed rice	\$20.50	\$21.50
Prawn & Vegetable (GF) served with steamed rice	\$22.50	\$23.50

Steaks & Club Favorites	M	V
All come with chips & salad or mash & vegetables Steaks choose from; gravy, mushroom, pepper or diane sauce		
300grm Rump Steak (GF) 300grm Rump steak cooked to liking	\$27.50	\$28.50
300grm T-Bone Steak (GF) 300grm T- Bone Steak cooked to liking	\$27.50	\$28.50
Lynn's Tender Pork Ribs Char grilled bbq pork ribs basted in a homemade tangy bbq sauce	\$27.50	\$28.50
Lamb Cutlets Tender rack of Lamb cutlets in a spicy Asian sauce	\$27.50	\$28.50
Chicken Breast Schnitzel Crumbed chicken breast	\$21.50	\$22.50
Chicken Breast Parmigiana Crumbed chicken breast, sliced ham, napoli sauce & shaved cheese	\$24.50	\$25.50
Grilled Chicken & Prawns (GF) Grilled chicken breast, grilled prawns (4) in a creamy, garlic & white wine sauce	\$27.50	\$28.50
NEW Lamb Shank with Mash & Veg	\$27.50	\$28.50
Seafood	M	V
Seafood Basket Flathead fillets (2), crumbed calamari (4), grilled prawn skewer, garlic butter scallops (2) with chips & tartare sauce	\$24.50	\$25.50
Fish & Chips House beer battered barramundi fillet with chips, salad & tartare sauce	\$19.50	\$20.50
Grilled Snapper (GF) Grilled snapper fillet, parsley butter with chips & salad or mash & vegetables	\$22.50	\$23.50
Salt & Pepper King Prawns Six deep fried king prawns with a chilli plum sauce, with chips & salad	\$24.50	\$25.50
Teriyaki Salmon Salmon in a teriyaki sauce with chips & salad or mash & vegetables	\$22.50	\$23.50
Kids Meals (12year & under) all \$12 All kids meals come with a kids serve ice cream and a popper juice (12 years & over will not come with icecream and popper)		
Kids Seafood Meal Flathead, calamari rings, chips & tartare sauce		
Kids Crumbed Chicken Crumbed chicken strips with chips & aioli sauce		
Kids Steak Fillet 150grm steak fillet chips & a small bowl of gravy		
Kids Spaghetti Bolognese Tender beef bolognese with spaghetti pasta		