

2023 Women's Golf Championships

Congratulations to Lisa Ross, our 2023 Club Champion. Lisa had to sustain some serious pressure from Kylee Quantrill in the 4th round. Some grit and determination held Lisa in good stead.

Also congratulations to Kathryn Newcombe who is our Overall Net Winner. Kath had a blinder of a championship in the end winning the NET by something like 12 shots.

2023 Winners and Runner Ups GROSS CHAMPION LISA ROSS AND NET CHAMPION KATHRYN NEWCOMBE

Gross Winners. Runner Up

Division 1:Lisa RossKylee QuantrillDivision 2:Melinda MacGinley.Carol QuantrillDivision 3:Robyn Halloran.Debbie Tipping

Vets: Lisa Ross. Kylee Quantrill

Senior Vets: Catherine Brownjohn. Marlene Dorrough

Net winners. Runner Up

Division 1: Kathryn Newcombe. Catherine Brownjohn
Division 2: Barb Thompson. Melinda MacGinley
Division 3: Robyn Halloran. Janice Walpole



Shane's Slice

OCTOBER 2023

Daylight Savings rolls around again! We certainly have enjoyed the perfect golfing weather so far this year and the course has never been so busy. The Golf Shop staff appreciates members and guests booking in on the timesheet to ensure you have a tee time and a cart available. This also helps us manage the pace of play better teeing off in groups of four.

<u>Pro Tip – Stop Playing "Swing" and Start Playing GOLF!</u>

As far as controlling your game on the course this should not be as complicated as we think it is! Learn to play **golf** and not **golf swing**.

Every golfer is constantly tinkering with feels and working on their game so it becomes challenging to differentiate between the two, but playing golf on the course will work better 8-9 times out of 10 than playing golf "swing".

A couple of keys:

- 1) It's not how, it's how many. Regardless of the swing or the shots you hit, they only give out prizes for numbers on the scorecard. Have a plan and execute it. If your game is off stay focused. There is plenty of time to work on the swing after the round. Your main objective for any golf shot should be "how can I get the ball from point A to point B."
- 2) Swing thoughts are fine in a practice swing. By all means feel, focus, accentuate what you are trying to achieve with your swing... but when you are over the ball it all becomes about target so you can react and not stand in our own way. The ability to swing "unconsciously" is key. A lot of tour players say they have zero thoughts over the ball or one maximum.
- 3) Remember- the target is out in front of you. Pay attention to that area of the swing. You'll be amazed by how you can regain your swing and tempo and strike by focusing out ahead rather than focusing on what's behind you.
- 4) Just like anything... practice it. Hit balls on the range with the same intent. Get behind the ball and make your practice "feel". Visualize the shot and walk in to address. Get comfortable and then use your eyes- on the target. Swing away and what comes may come.

Rinse and repeat. Devote at least the final half of every practice session to this above.

You'll also make life easier on yourself and give your mind a break from mechanics.

Major winner Corey Pavin was quoted saying he didn't even care where his first two shots on every hole went. He was committed to creating a score no matter what and wouldn't beat himself up over a bad shot. He knew one good shot per hole could still produce a par.

Ref: https://www.bradleyhughesgolf-members.com/articles/golfnotgolfswing

UPCOMING EVENTS

Fri 6th October Titleist Back Marker Challenge

Mon 9th October Course Renovations commence

commences

Good Golfing,

Shane Miley

Golf Shop Manager



Promotions Report

We had the wedding reception for Rebecca & Micheal here on the 9th September. The room was beautifully decorated. It looked stunning with our wooden tables and chairs, simple table decorations and added ceiling fairy lights. Room hire prices start from as little as \$300. Your dream day is much more affordable than you think. For more information grab a wedding booklet in the stand at the front desk.









Our next event is Melbourne Cup. We will be having our full normal lunch menu with daily special no expensive set menu, a special cocktail menu, \$5 glass bubbles, Best dressed prizes, sweeps, TAB, Free courtesy bus from 11am, live music on the deck 11.30-2.30pm and the big race LIVE and LOUD on all the screens at 3pm! Its always a lovely relaxing day here on our special Melbourne Cup Day!



Don't forget we have free TRIVIA every Wednesday Night from 6.30pm. Free to join and prizes awarded to EVERY team! We also have \$15 Chicken Schnitzels on Wednesday and happy hour 5-6pm for \$5 beers & house wine glass, for members and \$6 for non members! Table bookings are recommended as the main dining room usually books out.

Every Friday we have a HUGE 30 TRAY RAFFLE, Friday Badge Draw, Free Courtesy bus local pick ups and drop offs, Bill's Friday Games and Free Supervised Kids Club! Oh and the BEST COCKTAILS!

Natasha Bolden - Promotions & Events Coordinator

Veterans

Murwillumbah Veteran Golfers committee and players wish to thank the following sponsors who have come on board since the Covid times.

Our annual Regional Open Day was supported by local business Elders Tweed Valley, Thanks to Craig & Rebecca Dudgeon. This event held on Monday 29th May 2023, welcomed 205 players from 15 regional clubs between Grafton & Tweed Coolangatta.

The Monthly medal event on Monday 3rd July 2023 was supported by the local "Sunnyside Take a Break Café' Thanks to Josh & his team.

The Monthly Medals for Monday 4th September and Monday 16th October will be supported by local butcher Sunnyside Meats and we thank Todd Shadbolt and his team.

Our Veteran's stroke Championships being held over two Mondays (18th and 25th) in September are being supported by GIO Murwillumbah thanks to David & Janelle Devine.





Tommy Turns 90!!!!!





A very Happy Birthday to member, Tom North. Tommy turned 90 years young on 23rd September!

Fun fact about Tom; He has won the Friday Night Members Badge Draw TWICE!





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Mulligan - Golf's Most Famous Philanthropist

I haven't the faintest idea of when the famed Mulligan entered golf history, or who he was. But he certainly gave name to one of the best shots in the game - the replay of the bad drive from the first tee. That's almost always an improved shot. If Mulligans were allowed on later shots in the round some fellows would be playing all day, taking 160 strokes and counting about 80 of them.

In Scotland, when I was a lad, Mulligan never had appeared. If we missed a shot, we missed a shot and counted it, period! When I first learned of a Mulligan in American golf I was astonished. I couldn't understand the philosophy of the warm-up stroke that wasn't counted. Later I discovered the excuse for the Mulligan: it was for the purpose of giving thoughtless golfers a second chance to think.





Kath's game of her life!

Congratulations to Kathryn Newcombe who has played the game of her life, scoring 80 off the stick, an incredible 61 Net. Yep, that dream game we all wish for! Can you believe it, I went looking for Kath before the daily presentations. She's off for a club fit ... definitely no new clubs needed! - Marie

Seven Fun Facts

- 1. Avocados are a fruit, not a vegetable.
- 2. The Eiffel Tower can be 15 cm taller during the summer
- 3. Trypophobia is the fear of closelypacked holes.
- 4. Australia is wider than the moon.
- 5. The Spice Girls were originally a band called Touch.
- 6. Human teeth are the only part of the body that cannot heal themselves.
- 7. It's illegal to own just one guinea pig in Switzerland.







Member of the Month-Kathy Nesteroff

I can't believe it's been three years since six beginners to golf had our first groups lessons with Graham Trew; Kim Hobbs, Sally peacock, Susie Fewtrell, Bess Varela and Deb Berlin; our group has stayed tight friends, shared many laughs, cocktails and the golf is improving but secondary to our friendship.

That's not to say that I'm not completely addicted to the game, right through COVID and three floods the club members have been so welcoming and the main reason all six of us joined. I could not get enough of walking this beautiful course with views from every fairway, both on and off and those of you who know me know I have been in a lot of cross country spots on the course, getting my steps up. I've also in the last year or so loved the opportunities golf offers to play on different courses, travelling and laughing with the Vets at Byron, Yamba, Tenterfield etc. Or playing some beautiful Gold Coast courses with the ladies Pennants team, but like Dorothy said, there is really no place like home!

As a newby I've been obsessed with getting the handicap down, trying to perfect the swing, the chip, the putt; but what many of you wonderful friends have taught me with your knowing, experienced smiles is that...... there is no perfecting it!! It's a lifetime development course, and never say "I've got it". Some days are better than others, some days the golf gods look after you with a good bounce and some days you're snookered. Everyday being out on the course with the beautiful people of Murwillumbah combined with the therapy of being immersed in all the greens and blues of the course colour palette and fresh air is a bonus and picking up some skins is just the cherry on top.

I've had the opportunity to share with some wonderful players ... share their knowledge, their carts, their jokes, golf shoes, sweet potatoes, limes, scones and pickle sandwiches; some 10 or 20 years older than me, but so consistent, smooth and straight down the middle. I heard someone say I

hope I'm like that when I'm that age; not me..... I wish I could be like that now!

Here's cheers to good friends, lots of laughs and less putts. So get those hips into it, I'll see you out there, look for my ball with the big pink cross on it, usually on the wrong fairway.

Kathy







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Competition Definitions

Canadian Foursomes

Both players hit off all tees, then decide which ball they will play. A player hits the second shot with their partner's ball and they then play alternate shots with that ball until holed out. Handicap allowance is 3/8 of combined handicaps.

Chapman Foursomes

Played in a similar manner, except that each player plays 2 shots with her/his own ball before deciding on the ball to be played out. The handicap allowance is 3/8 of combined handicaps.

American Foursomes

As above except that the players cross over and play the second shot with their partner's ball before deciding. Handicap allowance is 3/8 of combined handicaps.

Ambrose

This is played as a team with every player teeing off. The best ball is selected and the other team members place within one club length and all hit again. This is repeated until reaching the green, where the best ball is selected and marked and the other team members place their ball within one card length. Repeat until holed out. 4 ball Ambrose at least 3 tee shots must be used from each player. 2 ball Ambrose at least 6 tee shots must be used from each player.

Par

This event is played against the par of the course. Full handicap. The handicap is deducted from the score recorded. If above par result is -; if equal to par result is square; if below par result is +; the card with the highest + rating wins.

Bisque Par

Scoring in this is the same as Par but with strokes being taken where chosen, rather than by index. Any number of strokes may be used on any hole until the total allowable strokes are used.

Stableford*

Stableford involves scoring points based on results at each hole. Using the index for each hole, players are able to make a mental allocation of their full handicap for each of the 18 holes. The points scoring method is then calculated by allocating two points for a par, one point for one over, three points for one under, four points for two under and so on. Players who exceed their own par by two strokes score no points for the hole and should pick up their ball.

Team Stableford

Best 3 scores out of 4 to count on each hole

Four-Ball Aggregate Stableford

Both stableford scores are added together on each hole

Competition Handicaps

Members

Stroke Full handicap Stableford Full Stroke handicap Par Full Stroke handicap 1/2 combined handicaps **Foursomes** Chapman Foursomes 3/8 combined handicaps Canadian Foursomes 3/8 combined handicaps American (Pinehurst Foursomes) 3/8 combined handicaps Four person Ambrose 1/8 combined handicaps Two person Ambrose 1/4 combined handicaps

Four-ball event Full handicap Medley event Full handicap

Match Play Full difference between respective stroke handicaps Match Play (ladies events) 3/4 difference between respective stroke handicaps for

single match play

3/8 difference between combined handicaps of each pair for

Note: In handicap match

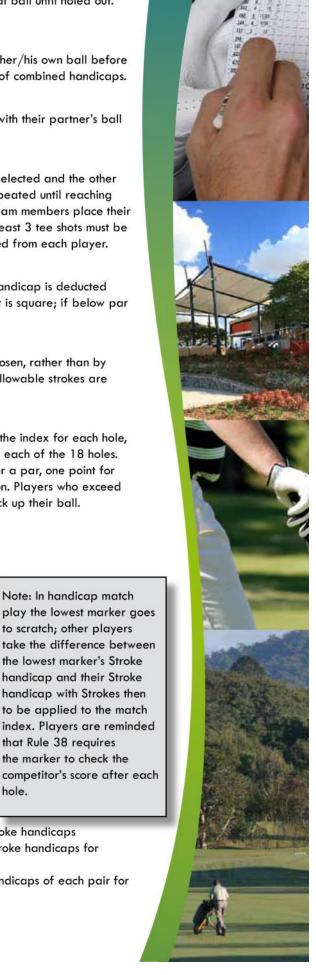
to scratch; other players

that Rule 38 requires

the marker to check the

foursomes match play

Gross No handicap Net Handicap applied



October Golf Fixtures

Sunday, 1 October 2023	Single Stableford Medley White & Red Tees
Monday, 2 October 2023	Public Holiday Single Stableford Medley White & Red Tees
Tuesday, 3 October 2023	Ladies Competition
Wednesday, 4 October 2023	Men's Single Stableford White Tees with 2 Ball Aggregate in Conjunction
Thursday, 5 October 2023	Ladies Competition
Friday, 6 October 2023	Titleist Back Marker Challenge Single Stroke
Saturday, 7 October 2023	Men's Casuarina Meat Merchant Monthly Medal Blue Tees Ladies Competition
Sunday, 8 October 2023	Single Stableford Medley White & Red Tees
Monday, 9 October 2023	Vets 3 Clubs and Putter COURSE RENOVATIONS TBC
Tuesday, 10 October 2023	COURSE RENOVATIONS TBC
Wednesday, 11 October 2023	Men's 2 Ball Ambrose Red Tees
Thursday, 12 October 2023	Ladies Competition
Friday, 13 October 2023	Single Stableford Medley White & Red Tees
Saturday, 14 October 2023	Men's Single vs Par White Tees Ladies Competition
Sunday, 15 October 2023	Single Stableford Medley White & Red Tees
Monday, 16 October 2023	Vets Monthly Medal Single Stroke
Tuesday, 17 October 2023	Ladies Competition
Wednesday, 18 October 2023	Men's Single Stableford White Tees
Thursday, 19 October 2023	Ladies Competition
Friday, 20 October 2023	Single Stableford Medley White & Red Tees
Saturday, 21 October 2023	Men's Single Stableford White Tees Ladies Competition
Sunday, 22 October 2023	Single Stableford Medley White & Red Tees
Monday, 23 October 2023	Vets Single Stableford
Tuesday, 24 October 2023	Ladies Competition
Wednesday, 25 October 2023	Men's Single Stableford White Tees
Thursday, 26 October 2023	Ladies Competition
Friday, 27 October 2023	Single Stableford Medley White & Red Tees
Saturday, 28 October 2023	Men's Single Stableford White Tees with 2 Ball Aggregate in conjunction Ladies Competition
Sunday, 29 October 2023	Single Stableford Medley White & Red Tees
Monday, 30 October 2023	Vets Shirts vs Skirts Single Stableford
Tuesday, 31 October 2023	Ladies Competition