



Chairmans Corner

Welcome to the Newsletter.

The Veteran Members have been very busy over the past few weeks in cleaning up a number of gardens around the course and clubhouse. The gardens around the Club house and the rainforest garden between the 8th green and 9th Tee have been cleared up and look great! A big thank you to those veterans who give freely of their time to make our course look even better. Your efforts do not go unnoticed.

The over sowing of the greens has been done. The course should be back to its best in a couple of weeks. Thank you to the outdoor staff for maintaining the course in a great condition.

Natasha, our Promotions Coordinator, reports the Easter events were a huge success. The Reptile and Wombat show was very well attended with around 50 kids plus parents. The free Egg Hamper and the big Meat and Seafood Raffle held on the 6th April was a massive night. Natasha reports a very busy couple of months coming up. A lot of functions were booked in for April and May. Great to see the clubhouse is being utilised by lots of different groups of people and organisations.

The toilets and shower renovations in the ladies locker room should be completed by the end of the month. This will complete the work downstairs and greatly enhance the look of both the mens and ladies shower and toilet areas. The disabled toilet has also been renovated and should be completed shortly.

The Board is also looking at replacing the carpet in the clubhouse and retiling the area around the bar. We are also looking at new poker machine stools and benches for the pokies area.

The golf cart fleet has risen to 35 as we have purchased 5 new Club Car Carts which have been delivered and paid for. This will help with corporate days when we need as many golf carts as possible.

We have six Pennant Teams ready to play in the Northern Rivers competition beginning next month. For more information see the Pro Shop. Good luck to all the teams!

Our annual Membership Fees are due for renewal by the end of June. You will notice a slight increase in your fees for the coming year. One of the reasons for the increase is the increase in the cost of maintaining the golf course in the best possible condition all year round. A look at neighboring Northern Rivers Clubs show that our Membership Fees are still very comparable within our area. If you pay your fees by June 30th you will be entitled to an \$80 discount which will be added to your loyalty points to be used in the clubhouse or in the Pro Shop as you wish.

Enjoy your golf as we move into the cooler months. Don't forget to use the clubhouse facilities and restaurant and bring your friends out for a drink to enjoy our amazing views!

Graham Rosenbaum
Chairman

Promotions Report

Since the last Newsletter we have had **2 Wakes, 2 Birthday Parties, 1 Baby shower, 4 Seminars, 2 Weddings and 2 Big Easter Events.** It was a very busy month!



Mothers Day is coming up, Sunday 14th May. Something NEW this year..... I have been working hard at making beautiful little dried floral cards for all the mothers to keep as a special memento. For all of the lunch bookings, the Mums at the table will receive one of these special cards.

It should be a great relaxed day with raffles both meat and flower bouquets, live music and our mums hamper giveaways too. Table bookings are already nearly booked out. So make sure you book in early to avoid disappointment.

You may have noticed (hard not too.....) our NEW uniforms. For a bit of fun and to add some colour into the place we have our new custom made shirts, with Mt Warning, beer, a golf ball and a 19th Tee Flag, it represents our little golf club perfectly!



Don't forget we now have **DOUBLE HAPPY HOUR** on **MONDAYS!!!**

ALL SCHOONERS JUST \$5 from 5-7pm. Pair it with a crazy cheap \$15 Parni, chips & salad! Beat those Monday Blues and let us cook and wash up for you!



Natasha Bolden - Promotions & Events Coordinator



HOLE IN ONE!!!!

**Massive congratulations to Hayden Kelly
for getting a HOLE IN ONE on the
12/04/23 on the 10TH HOLE!!!!!!!!!!**

WELL DONE!!!!!!



Quotable golf quotes

1. There are no points for style when it comes to putting. It's getting the ball in the cup that counts.
Brian Swarbrick.
2. Golf is based on honesty, where else would you admit to a seven on a par three?
Jimmy Demaret
3. Mulligan: invented by an Irishman who wanted to hit one more 20 yard grounder.
Jim Bishop.
4. No one who ever had lessons would have a swing like mine.
Lee Trevino.
5. Most golfers prepare for disaster. A good golfer prepares for success.
Bob Toski.
6. A lot of guys who have never choked, have never been in the position to do so.
Tom Watson.

Worth a chuckle....

**It seems to me that golf is just like life.... You get yourself out of one hole and then you are in another...
A doctor who plays golf has one advantage over the rest of us. Nobody can read his scorecard....
I played Tiger Woods once. There was only one in it. He scored 67 and I scored 167.....**

Saying of the Month

Don't start your day with the broken pieces of yesterday.

Every day is a fresh start.

Each day is a new beginning.

Every morning we wake up. is the first day of the rest of our life



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Murwillumbah

Shane's Slice

MAY 2023

Hopefully, you have all seen the massive improvement in the shop floor layout. Thanks to Brian and Duncan (who came in on their holidays) for installing the new slat wall and our Sales Representatives from Srixon Steve and Stuart providing their expertise on how to display the stock in a more organised, cleaner, and overall better display!

Before:



After:



Congratulations to Scott Baker narrowly defeating Glen Cramb 1 up in the Men's Single Handicap Matchplay Championship. Thank you to all the members for getting their matches completed within the timeframe given. There are a few more match play events taking place this month. Firstly, qualifying for the **Earle Williams 4BBB Team Match Play** event as well as the Men's NRDGA Pennant Season starting this month as well. Scott Baker pictured left with Glen Cramb enjoying a refreshment after their final of the Single Handicap Matchplay.



UPCOMING EVENTS

Titleist Back Marker Challenge

Earle Williams 4BBB Qualifying (top 32 teams)

Men's NRDGA Pennant Season Starts (teams finalised)

Ladies Open Day 2T start

Cobra Fitting Day

Vets Open Day 7:00am & 12:00pm Shotgun

Friday 5th May

Wednesday 10th OR Saturday 13th May

Sunday 14th May

Tuesday 16th May

Wednesday 17th May

Monday 29th May

PRO TIP – HOW TO SHAPE YOUR SHOTS

Ref: <https://thelefttrough.com/golf-shot-shaping-strategy/>

Most of us have a “go-to” shot to rely on under pressure. For those of you have played with me know I rely on my trusted “fade” having the confidence to aim slightly left of middle and the ball **should** fall back gradually towards the middle (most of the time!). But can you shape it in the opposite direction if you need to? Here are some pointers to help you shape your shots to better golf!

Never Penalise a Straight Shot

The straight shot is one of the most difficult shots to hit – even the tour pros shape their shots a little to their favoured side. But don’t be upset if you accidentally pull it off.

Practice on the Range

One of my favourite drills on the range is the 9-ball drill. Grab 9 balls and hit everyone with a different shape – high, medium, low, draw, straight and fade. All of a sudden you will be focused on your target more and less bogged down with mechanics.

Use Jack’s Method

One of the biggest mistakes to make is to try and change your swing, as Jack Nicklaus said, *“To shape a shot, better to change your set up than change your swing.”* Here’s how Jack hits the two main shots you need in golf – the fade and draw. To play a fade aim the clubface where you want the ball to finish, then align your body left of the target, where you want the ball to start. To hit a draw, do exactly the opposite. Aim the clubface straight at your target and align your body (feet, knees, hips and shoulders) to the right. For both ball flights, make sure you swing the club where your body is aimed.

Commit to the Shot

Another obvious but sometimes the most difficult part of golf is to commit to the shot. Being 100% committed to the shot over the ball and swinging into the ball is hard to do, like last month’s tip about not spending too much time over the ball – the more time you spend over the ball, the more likely those swing thoughts will creep in and you will mishit the shot!

Getting Mentally Ready

Before diving into the mechanics, its important to start with your mentality. Because if you don’t believe you can pull it off, you probably won’t. Have clear intent on what shot you want to hit. Imagine in vivid detail, how the ball will take off, how high it will go, how it will land – the more detail you can paint in your mind, the more likely you can achieve it!

Good Golfing,

Shane Miley
Golf Shop Manager



A Hole-in-one for Health

Thanks to Becki for providing this newsletter extract.

A new study has shown that golf may have significant benefits for people living with the most common form of arthritis.

The research team, led by the University of South Australia, found that golfers with osteoarthritis experienced lower psychological distress and better general health than the general public. The same was true of golfers without the chronic degenerative condition.

UniSA researcher Dr Brad Stenner said the walking required in golf keeps people active while the sport also provides social benefits.

"There is a growing body of evidence that golf reduces the risk of many chronic conditions," he said.

"From a mental health point of view, playing golf is associated with improved well being."

Course development



1957



Development started in 1958



The large tree on the left is still there today.
It is a Brush Box. 1960



Today! 10th Hole. Par 3, 138m rated 16. A well hit 8 iron should land your ball on the large, undulating, heavily trapped green, a tricky putting surface!



Murwillumbah Vets Rainforest Clean up



The above workers.... Steve, John, Dennis, Peter and Allan have just completed their Rainforest section of their apprenticeship. They are available for hire at \$10 an hour for home gardening.... Contact Bill Quantrill if interested.....

Jokes

My Trip To The Store:

There was a bit of confusion at the store this morning. When I was ready to pay for my groceries, the cashier said, "Strip down, facing me." Making a mental note to complain to my Local Member about Homeland Security running amok, I did just as she had instructed. When the hysterical shrieking and alarms finally subsided, I found out that she was referring to my credit card. I have been asked to shop elsewhere in the future.



LIVE MUSIC

Fairway Sessions



SUNDAY 28th MAY 1-4pm Inside room

May Golf Fixtures

Monday, 1 May 2023	Vets 4 Person Ambrose
Tuesday, 2 May 2023	Varella & Swift Pharmacy NSW & Monthly Medal Single Stroke + Putting in 3 Divisions
Wednesday, 3 May 2023	Single Stableford with 4BBB in conjunction
Thursday, 4 May 2023	Ladies Single Stableford
Friday, 5 May 2023	Titleist Back Marker Challenge Single Stroke
Saturday, 6 May 2023	Men's Casuarina Meat Merchant Monthly Medal Blue Tees with 4BBB Stroke in conjunction Ladies Single Stroke + Putting
Sunday, 7 May 2023	Single Stableford Medley White & Red Tees
Monday, 8 May 2023	Vets Single Stroke
Tuesday, 9 May 2023	Ladies Single Stableford
Wednesday, 10 May 2023	Men's Single Stableford White Tees
Thursday, 11 May 2023	Ladies Foursomes (team event)
Friday, 12 May 2023	Single Stableford Medley White & Red Tees
Saturday, 13 May 2023	Men's Single Stableford White Tees Ladies Single Stableford
Sunday, 14 May 2023	Single Stableford Medley White & Red Tees
Monday, 15 May 2023	Vets Multiplier Stableford
Tuesday, 16 May 2023	Ladies Open Day Single Stableford
Wednesday, 17 May 2023	Men's Single Stableford White Tees with 2 Ball Aggregate in Conjunction
Thursday, 18 May 2023	Ladies Single Stableford
Friday, 19 May 2023	Single Stableford Medley White & Red Tees
Saturday, 20 May 2023	Men's Single Stableford White Tees Ladies Single Stroke + Putting
Sunday, 21 May 2023	Single Stableford Medley White & Red Tees
Monday, 22 May 2023	Vets Bill Renehan 4BBB Aggreg Single Card Rd 1
Tuesday, 23 May 2023	Ladies Single Stableford
Wednesday, 24 May 2023	Men's Single Stableford White Tees
Thursday, 25 May 2023	Ladies Single Stroke + Putting in 3 Divisions
Friday, 26 May 2023	Single Stableford Medley White & Red Tees
Saturday, 27 May 2023	Men's Single Stableford White Tees with 2 Ball Aggregate in conjunction Ladies Single Stableford
Sunday, 28 May 2023	Single Stableford Medley White & Red Tees
Monday, 29 May 2023	Vets Open Day Single Stableford
Tuesday, 30 May 2023	Ladies Single Stableford
Wednesday, 31 May 2023	Men's Single Stableford White Tees