



Chairman's Corner

We are back up and running inside our clubhouse, after 10 weeks of closure due to Co-Vid 19 restrictions. We were very fortunate to be allowed to play golf in groups of 2 for several weeks and then back into groups of 4. On behalf of the Board I would like to thank all members for your continued support during the restrictions and playing the game we all love.

Co-vid 19 did not stop young gun Lucas Higgins, from producing some fantastic rounds over the past couple of months. On the 1st of May in the Back-Marker Challenge Lucas shot a new course record of 63 which gave him a nett 67. Congratulations Lucas and it is such a pity you haven't been allowed to play some tournament golf to show off your amazing golfing abilities. It will come and we wish you all the best in your golfing dreams.

We are very lucky to have such a dedicated and professional staff working at M.G.C. I would like to say a big thank you to our ground staff for providing us with a quality golf course for all of us to enjoy. The course is in great condition so let's all do our part in filling in divots and buggy drivers adhering to the course rules. To our amazing Bar Staff for assuming new roles over the past two months. They have learnt many new things about what goes on out on the golf course. Bill has taken photos of Mary keeping our motorised golf buggies in great condition and Terry setting off the comp fields. Aaron, Eric and Sherrie have also learnt new roles in helping in the golf shop. Thank you for your help and being so friendly to all members and visitors.

To Lucas and Travis for organising and running our competitions and social golf so well during this busy period. We have had maximum fields in our competitions and the course has been filled with lots of social players.

The Board would also like to thank all members on following Co-Vid 19 rules. It has been a testing time, but we have pulled through and can now enjoy the more relaxed conditions.

During the enforced closure of our clubhouse the Board decided to renovate the ladie's and men's rest rooms. They were looking old and shabby and needed a makeover. When completed in a couple of weeks we will have very modern and cleaner facilities to use. The Board apologises for any inconvenience this may cause during the next two weeks, but we were unaware that clubs would be open in early June.

It is that time of the year when our membership subscriptions are due. The Board agreed to leave fees the same as last year. If you pay in full by June 30 you are entitled to a \$50 discount. If possible, the Board encourages you to take up this offer. Some members choose to spread the cost of their annual golf fees across the year and pay in instalments. The Board agreed to go with a company called Pay as You Golf to help those members who use the instalment method. If you need more information the office staff have a brochure and can explain to you how it works. I urge all members to re-join as soon as you can so you can keep enjoying our great facilities.

The rollover of our Wednesday and Saturday Competitions has ceased operating. The Board have spent many hours debating the rollover issue and how best to keep all our members happy and enjoying their golf. When it is possible, we will be holding a general meeting to discuss the rollover issue. At this stage we are not permitted to hold such a meeting. You will be informed when the meeting will occur.

Our Friday night promotions have been put on hold until further restrictions are lifted. If you are planning to use the dining facilities inside the clubhouse you need to telephone and book in for a meal. We still have a limited number that can dine at the one time. When using the clubhouse facilities please remember to follow all the Co-Vid 19 rules that are in place.

The one tee policy which caters to allow for more social players will remain in place. We have seen an increase in social players, and this helps to make our club more successful.

Now that restrictions are being eased please take advantage of all our clubhouse facilities. Continue to enjoy your golf and socialise ensuring you follow all rules that are in place.

See you at the club
Graham Rosenbaum
Chairman



SCCU.COM.AU 1300 360 744

Player of the Month

Lucas Higgins

New Course Record 63 Handicap +4



Course was in great shape with the greens rolling nice and quick, I got off to a bit of a slow start not hitting it that great the first 4 holes. I hit a great drive down the 5th, my second sailing towards the water and hit a tree. I managed to make up and down for birdie. From there I hit 2 great approach shots into 7 and 8 inside 8 feet and holed both putts. On the 9th I holed a great 8 foot putt for par to keep me 3 under through 9. Easy par on the 10th. I hit a nine iron into the 11th for my second shot to the middle of the green and had a 2 putt birdie. I shaved the hole for another birdie on the 12th. I'm now 4 under after 12. Then suddenly, I hit it to a metre on 13th, holed a 25 footer on 14 and holed a 10-footer on 15th. All for birdies and now 7 under through 15. Unfortunately, I didn't birdie 16th which left me a little disappointed as I birdie that hole all the time. An easy par on 17th, I was 7 under standing on 18th tee knowing that I needed a birdie to break the course record. I hit my driver to 76 metres out. I hit my lob wedge to 9 feet. My remaining putt was about 2 cups of break from left to right across the slope. I was nervous! I told myself to commit to the putt and it would take care of itself. I hit a great putt and it had just enough pace to fall over the front edge to shoot 8 under 63 and a new course record. I was absolutely over the moon! Hopefully soon I can beat it in the pro-am as a pro. This would be great with a nice cheque . along with it.

Membership fee discount – just a reminder that for full playing members, if you pay your membership renewals in full by June 30th a \$50 discount does apply.

Members if you wish to pay your subscriptions off in instalments, we offer a payment option through Pay As You Golf. Discount does not apply

This allows you to choose from either a fortnightly or monthly payment option. The facility also allows members to spread out their joining fees and annual levies.

This is a low cost and stress free payment alternative and you can choose to pay your instalments by direct debit or credit card.

One simple registration form and no invasive credit assessment process.

For more information, please contact the office or see Pay As You Golf's website:

<https://www.payasyougolf.com.au/>

Captain's Report

Covid 19 has caused us to make some changes to our normal golfing calendar so keep your eye out for a date changes for the bigger events. Any changes will be put on the clubs website and displayed around the clubhouse. Some date changes to look out for are Sunday 5th July Murwillumbah Open – Sunday 12th July Mixed Foursomes Championships – Sunday 19th July Men's Foursomes Championships.

Playing golf has been a very popular exercise activity during the restriction of most other sports and a lot of people are taking the opportunity to get out of the house and think about something else for a few hours. The golf course traffic has increased considerably and there are probably more than normal divots left behind but mostly the players I have noticed have been very good at repairing any damage. The golf course is looking fantastic and greens are near perfect so remember to repair your pitch mark.

Some of the questions commonly asked are when can we go back to sharing a cart, holding presentations, running our raffles. The Match Committee can only make changes when Golf NSW informs us that they are now allowable. Some of the latest changes are that if you live in the same household you can share a cart, also they have increase group sizes from four to six to cater mainly for clubs holding their foursomes championships.

Lucas Higgins has been in tremendous form of late posting scores you would only expect to see on the PGA tour. Lucas shoots sub-par nearly every time he tees it up and seems to have his best rounds from the back marks. A 63 off the stick in the May back marker challenge and was quickly followed by a 65 a few weeks later which included a 29 for nine holes. Lucas started his golf as a MGC junior and has always shown a great commitment to the game and is now reaping the rewards.

Graham Nelson

Golf Shop Report

It has been a very busy month in the golf shop with social play and competition numbers rising. With Covid 19 restrictions easing we have been able to go back to groups of 4. This has seen comp numbers reach an all time high with consistently over 150 players on Wednesday and 230 on Saturdays.

The golf shop is having plenty of sales with superseded Titleist hybrids, irons, and wedges being sold at a significantly reduced rate. There is also plenty of men's and women's clothing for sale on a rack just as you walk in the door. Titleist have just reduced the prices on their current TS driver and 3 wood models. The driver has been reduced from \$779 retail to \$599 and the 3 wood from \$459 to \$329. This is a massive price reduction considering it is still the current model and one of the most used drivers on the PGA Tour. We have plenty of demo's in the shop which our members can try out, there are plenty of options in lofts and shafts available, something to suit everyone's game.

There are a lot of events still going ahead in the next few months which include:

Earle Williams match play qualifier Saturday the 13th & 20th & Wednesday the 17th & 24th of June entry is \$10pp.

Murwillumbah Open Sunday the 5th of July

Mixed Foursomes Sunday the 12th of July

Men's Foursomes Sunday the 19th of July

Murwillumbah Coca-Cola Pro-Am Thursday the 13th of August

Timesheet are open for all these events but the Pro-Am, the foursomes will be played in groups on 4 and not 6's this year due to restriction as well as no presentations for these events at this stage. If you have any questions about these do not hesitate to ask the golf shop staff.

Great golfing
Lucas



Womens Golf

The Club's Mixed Foursomes is coming up on July 12. If you are wanting to play, the Pro Shop is taking names and will endeavour to find you a partner if needed.

The Club's Open Day Championship (Men and Women) will be held on July 5 and the time-sheet is also in the Pro Shop.

Please note, the club has not changed the restriction of 1 person per cart but where 2 players live in the same house, then they can share.

Good golfing.
Patsy Brady

Second Hand Golf Clubs Wanted!!

Please see Graeme Trew at the driving range if you have any unwanted second hand clubs that you could sell to the ladies in his beginners group



QUOTABLE QUOTES

How do you spell "love"? You don't spell it ... You feel it!!! A.A.Milne

The most wasted days is one without laughter. E.E. Cummings

Children in a family are like flowers in a bouquet: There's always one determined to face in an opposite direction from the way the arranger desires. M. Cox

And in the end, the love you take is equal to the love you make. John Lennon

A loud knocking on the door wakes a man and his wife in the middle of a stormy night. The man opens the door to a stranger, who asks him for a push. "No way!" says the husband, slamming the door in the stranger's face.

"Who was that?" calls his wife. "Just some drunk asking for a push," he answers. "It's 3 am and pouring with rain out there!"

"You should be ashamed," his wife replies. "Don't you remember that time we broke down and those two guys helped us out? You should go and help him." Sighing, the man does as he is told, pulls on his coat and heads out into the pouring rain.

"Hello" he calls out in the dark. "Do you still need a push?"

"Yes, please," comes the reply. "Where are you?" the husband calls out.

"Over here," the drunk replies. "On the swing."

STAND-UP GOLF

A doctor who golfs has one advantage over the rest of us..... nobody can read his scorecard.

A mate of mine plays a fair game of golf....but only when you watch him.

It seems to me that golf is just like life you get yourself out of one hole and then you are in another.

Nothing counts in a golf game like your opponent.



GOLF EXTRA: THE CHAMP'S CLINIC

PROBLEM: *For years now, I have heard the expression, hitting from the top. I'm a 12-handicapper and have often been accused of this fault by many friends, none of whom seem to be able to clearly define what they mean. An exact explanation by you might just cut a few strokes off my game.*

ANSWER: To put it as simply as possible, *hitting from the top* means that the first movement of the downswing is *not* the hip turn. The hands and arms lead the downswing that throws the club outside the line. As a result, the source of power is used up before the club reaches the impact area. It usually means a slice, caused by an outside-in swing. Get those hips turning and the weight transferring to the left side, and the hands and arms will follow suit.

PROBLEM: *My trouble for the last three years has been hitting the ball with a terrible hook. My home pro has told me that there is absolutely no flow in my swing. I wonder if my trouble doesn't lie in the hitting area. Should I hit the ball with my left, right or both hands?*

ANSWER: Sounds as though you are overpowering the ball with your right hands. Why not try concentrating on hitting the ball smoothly with both hands?

PROBLEM: *Is it a common experience for a golfer to become careless when he practices for an extended period of time? It seems that the more I practice, the worse I get.*

ANSWER: Most pros on the tour practice only as long as they can maintain full concentration on every shot that they hit. Once your thoughts start to wander, it's time to call it a day.

PROBLEM: *On my tee shots, I tee the ball up high to get some loft. When I do that, I sky it and pull it off line to the left. When I tee it low I top it and don't get any distance at all. What should I do?*

ANSWER: You should transfer your weight to the left side of the down swing. You are obviously swooping the shot, causing you to sky it while teed high and top it when teed low. This is caused by having too much weight on the right foot when you hit the ball.

PROBLEM: *I would like to know if a golf glove will improve my game.*

ANSWER: A golf glove by itself cannot improve your game. It's what you put into the glove that does the job. However, if you are not wearing a glove, I suggest you start. More than 90 percent of the touring pros wear gloves. A glove gives you a better grip on the club, especially at the top of the backswing, when your hands may loosen on the club. A glove will also absorb some of the shock that the hands take in a round of golf and will help prevent blisters, especially after a long layoff.

PROBLEM: *When practicing, should a beginner start by hitting easy and straight and then increase his distance gradually? Or should he hit his shots hard and wild until his faults work out?*

ANSWER: Hit your shots straight and easy at first, by all means. Start by pitching the ball with a wedge or a nine-iron, then gradually work your way up the clubs until you get to the woods.

PROBLEM: *I drive well and I also play my short irons well. Where I goof up is on the long par-fours where I have to use a medium or a long iron.*

ANSWER:

Try hitting your long irons with the same rhythm and timing as your short irons. Don't worry about the loft or the length. The club will handle both for you.

DO YOU GET DISTRACTED EASILY?

Matt Howe..... a Professional

A lot of golfers have asked me how they can keep their mind clear on the golf course. They tell me stories like 'I am going along fine in my round and this random thought comes into my head where I think I am going to make a mess of a shot for no particular reason.' Or others comments like 'I seem to get so distracted by the score at halfway or with a few holes to go when I am going good, especially when my playing partners remind me of it.' These comments say to me that the person needs to learn and apply more skills in the areas of their mind such as: Decision making, Clarity of focus, Stamina in their concentration and just more of an understanding of the way of their mind works in general.

What can distract us on the golf course?

There are two main types of distractions. We have external factors (things outside of us) and we have internal factors (things coming from inside ourselves).

Let's start with the internal things. If you have unfinished mental business like family issues or work problems then these ideas can keep popping into your head while you are playing. If they are really bugging you what you may find is that you are standing over a shot and still thinking of that issue. Other internal thoughts could be ones by 'the little man' inside that tries to talk you into not being able to do things. For example you are just about to stroke a putt and a little voice somewhere inside you says 'you are going to miss it'. Physical injuries are also an internal factor that can steal your mind's concentration.

On the external side you can have comments and actions from your playing partners, mobile phones, things in nature like the wind and rain, green staff, lawn mowers, player son other holes etc. Whether or not the distraction is internal or external we all have had moments on the course where something takes our mind away from where it needs to be and leads to a less than stellar performance.

THOUGHTS.....

Just saw the worst page in the entire dictionary. What I saw was disgraceful, disgusting, dishonest and disingenuous.

Life is a gift. You never get the one you really wanted.

My 5 year old nephew visited his grandma with me one warm sunny day. As it was so warm, she wasn't wearing her normal thick stockings. The little boy was wide-eyed as he carefully examined the varicose veins threaded along her legs.

Looking concerned, he leaned forward and whispered, 'You've been really naughty, Nana. Mum will go mad when she sees what you have done with that felt-tip pen.'



Aaron easy rider taking a break



Mary the cleaning lady



Eric Back in the bar

HOT WOK AND GRILL RESTAURANT

OPEN FOR DINNER FROM 5.00PM TUES TO SUNDAY

LUNCH FROM 11.30 TO 2.30
TUES, WED, THURS, FRID, SUNDAY

SATURDAY BBQ
9.00 TO 2.30





Bill Quantrill 10th hole Six Iron 130metres



Bob Bolt 2nd hole Six Iron 135metres

Vets Corner

All weeks of golf were cancelled to September 2020 or further notice. Open days cancelled until further notice. Protocols of play set up for clubs to play golf, and the final piece, the gradual removal of lock down in relation to entry to the Club indoor facilities.

In this measure the Club and its Executive have steered a smooth transition through what has been a difficult time, to maintain a golf course to allow us to play the game we all love, Golf.

The Vet's Committee, has sent out 4 newsletters to 200 Vets members by email during this process, and at our next meeting, propose and possibly confirm to run Vet's comps. from the first week in July 2020. Stay safe everybody with social distance. Now is not the time to be complacent.

Gary Fidler
Vets Captain.

Jack Nicklaus (USA)

Born 1940.
Official Professional Victories 120
Triple Grand Slam champion + most prolific Major Champion with a record 18 professional major championships.
British Open Champion 1966, 1970, 1978
USA PGA Champion 1963, 1971, 1973, 1975, 1980 (record-tying total),
US Open Champion 1962, 1967, 1972, 1980 (record tying total).
US Masters Champion 1963, 1965, 1966, 1972, 1975, 1986 (record total).
US Amateur Champion 1959, 1961.
Eisenhower Trophy Individual 1960.
Australian Open Champion 1964. 1968, 1971, 1975, 1976, 1978.
19 second-place finishes in the Majors.
73 US PGA Tour Victories (3rd all-time).
World Cup 1963, 1964, 1966 (with Arnold Palmer), 1971 (with Lee Trevino), 1973 (with Johnny Miller)
Record 8 Champions Tour (Senior PGA Tour) Major Championships.
Authored Golf My Way in 1974, an all-time best selling instructional book. Led to video version of Golf My Way, the best-selling instructional video series.
World Golf Hall of Fame 1974
Greatest player who ever lived
Named Golfer Of The Century and Golfer of the Millennium
The Golden Bear





**WEDNESDAY 7PM
15TH & 29TH JULY**

Fairway sessions Sunday 26th July

Great Melodic Live Music

1pm to 4pm



Starting
July 3rd



02 6672 1193

90 Murwillumbah St, Murwillumbah NSW 2484

Follow on Instagram and Facebook: @thefoundrymurwillumbah.com.au



Dr Chris Slater - Ph 02 6672 2994

6 Kings St, Murwillumbah, 2484

www.positivechiropractic.com.au